

April 2026

Area Agency on Aging Region X Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1st	2nd	3rd
		Spaghetti w/ Meat Sauce Dark Green Leafy Salad Green Beans Ice Cream Whole Grain Garlic Bread Coffee/Tea/Milk	Chicken Tender Sweet Potatoes Fries Salad Whole Grain Roll Rosie Applesauce Coffee/Tea/Milk	Ham and Beans Roasted Potatoes Spinach Cornbread Brownie Coffee/Tea/Milk
6th	7th	8th	9th	10th
Cooks Choice Coffee/Tea/Milk	Italian Chicken w/ Roasted Potatoes Dark Green Leafy Salad Italian Blend Vegetables Tropical Fruit Whole Grain Roll Coffee/Tea/Milk	Meatloaf w/ Ketchup Mashed Potatoes w/ Gravy Candied Carrots Peaches Whole Grain Roll Coffee/Tea/Milk	Tater Tot Casserole Peas Salad Spice Cake Whole Grain Roll Coffee/Tea/Milk	Potatoes Soup Hot Ham & cheese Sandwich Dark Green Leafy Salad Rosie Apple Sauce Strawberry dump cake Coffee/Tea/Milk
13th	14th	15th	16th Birthday Dinner	17th German
Taco Salad meat cheese beans Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk	BBQ Brisket Wheat Bun Potato Salad Baked Beans Tropical Fruit Coffee/Tea/Milk	Korean Ground Beef Served Over Rice Oriental Vegetables Mandarin Oranges Fortune Cookie Coffee/Tea/Milk	Chicken Fried Steak Mashed Potato / Gravy California Blend Whole Grain Roll Cake Coffee/Tea/Milk	German Meatballs w/ Sauerkraut Mashed Potatoes Green Beans w/ onions Baked Apples w/ Cinnamon Whole Grain Roll Coffee/Tea/Milk
20th	21st	22nd	23rd	24th
Lasagna Green Beans Dark Green Leafy Salad Whole Grain Garlic Bread Tropical Fruit Coffee/Tea/Milk	Taco Salad meat cheese beans Lettuce & Tomatoes Pineapple Tortilla Chips Pudding Coffee/Tea/Milk	Cook's Choice Coffee/Tea/Milk	Polish Sausage On a whole grain bun Sauerkraut Homemade Potatoes Salad Brussel Sprouts Orange Juice Coffee/Tea/Milk	Salisbury Steak Mashed Potatos Green Beans Whole Grain Roll Cake Coffee/Tea/Milk
27th	28th	29th	30th	
Sloppy Joe on a whole grain bun Potato Salad Coleslaw Peaches Ice Cream Bar Coffee/Tea/Milk	Sweet and Sour Chicken Fried Rice Oriental Vegetables Egg Roll Mandarin Oranges/Fortune Cookie Coffee/Tea/Milk	Biscuits/ gravy Sausage Scrambled Eggs Hash browns Peaches Coffee/Tea/Milk	Hot Dog w/ chili & cheese on a whole grain bun French Fries Coleslaw Sliced pears Coffee/Tea/Milk	

